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Palm Beach Spine & Pain Institute | *Innovative Solutions to Pain Management*
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Eliminating the Emergency Room Wait—Effective Out of Hospital Treatment for Pain

An unexpected fall or other painful, disabling injury sends you to the emergency room, only to wait hours for attention. If a more severe trauma enters the queue during your wait, expect that surgeons and emergency room staff will be diverted to the more serious, life threatening case, while you sit with unrelieved pain.

According to MSNBC, between 1993-2003, the number of U.S. emergency departments fell by about 425, or about 12 percent, while the number of patients seeking ER care jumped 26 percent to 114 million. While the average wait in an emergency room is a painful three hours, The Boston Globe reports that according to a recent study 80,000 people waited an agonizing eight hours for treatment.

How can you eliminate the emergency room wait and still find effective out of hospital treatment for pain? One out of hospital treatment option is to seek out private care at the hands of Board Certified Pain Management Specialists, fully equipped to diagnose and treat your pain with minimally invasive treatment options.

The pain medicine specialist, a full-time Board Certified Pain Medicine Anesthesiologist, conducts a careful evaluation, often performing diagnostic injections with enhanced fluoroscopic guidance. These injections isolate and confirm the source of the patient's pain. The pain can emanate from soft tissue, tendons, ligaments, muscles, joints, bones, discs and nerve structures. Once identified, these painful structures are medically treated in minimally invasive ways, often providing immediate pain relief.

Pain management does not consist only of injections and prescription of medications. Pain Medicine is a new and rapidly evolving medical specialty dealing with Acute and Chronic Pain. Over the last twenty years, many chemical and anatomic pain pathways have been identified and studied. With recent advances in technology, new techniques and minimally invasive procedures in interventional pain medicine have eliminated the sources of pain, allowing many patients to return to a normal level of activity while avoiding the need for surgery with its potential for infection and lasting consequences.

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Back pain remains the most common pain complaint of patients seeking the services of a pain physician. Many back pain problems occur following injury, strain and accidents. New research, focusing on neck and back pain, has resulted in creative innovative solutions to previously persistent spinal disorders, making surgery unnecessary.

According to the North American Spine Society (NASS) Sixteen percent of U.S. adults began suffering with back pain after a workplace-related injury and another 14 percent injured their backs from a sports or exercise-related incident, and nine percent suffered back pain from an automobile accident; aging and degenerative conditions represent another important contributor. According to a recent survey conducted by pollster, Harris Interactive, nearly one in six U.S. adults (16%) suffered from back pain every single day during the past month, and nearly 80% of Americans will suffer from back pain at some point in their lives. Pain management physician centers offer significant out-of-hospital options for this pain treatment.

Physician-centered pain management practices, have both the ability and the resources to provide specialized diagnostic and treatment services, allowing community hospitals to do what they do best, while allowing specialists to provide a patient-centered experience, focused around their unique and specialized treatment program.

Niche treatment centers at medical office physician practice centers are an important and growing adjunct to hospitals, adding vital medical resources to the community's health care infrastructure, increasing the community hospital's effective response to more serious emergency situations. With sicker and life threatened patients at hospitals, niche pain treatment care centers are providing reassuring comfort and care.

Pain management at physician owned specialty practices include pain alleviating treatment for back pain, neck pain, nerve pain, work related injuries, cancer related, traumatic insult, Sciatica (compression or irritation of the sciatic nerve), Spinal Stenosis (build-up of bone in the spinal cavity), Spinal Cord Injuries, Post Stroke Pain, Shingles, Herniated Disks, Reflex Sympathetic Dystrophy (RSD) also known as Complex Regional Pain Syndrome.

Want more information about pain management and avoiding the emergency room?

At Palm Beach Spine & Pain Institute, Board-Certified physicians are dedicated to stopping your pain. They specialize in performing innovative, minimally invasive techniques and procedures that eliminate pain at its source. The goal is to allow patients to return to a normal activity level — minus the pain. <http://www.helpain.com>

Palm Beach Spine & Pain Institute is located at 2290 10th Avenue North, Suite 600, Lake Worth, FL 33461, centrally located near Wellington, Royal Palm Beach, West Palm Beach, Palm Beach Gardens, Boca Raton and Ft. Lauderdale, FL Founders are Board Certified Specialists in Anesthesiology, Pain Medicine and Management, Lawrence Gorfine, M.D. and Douglas MacLear, D.O.

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